



Conversation Questions

1. In general, how well do you “notice” others around you, those struggling or in need like Joseph does in Genesis 40?

2. Respond to this scripture verse...
 - a. Philippians 2:3-4 - In humility value others above yourselves, not looking to your own interests but each of you to the interests of the others.

3. On a scale of 1-10, how “Emotionally Intelligent” are you?
Where do you want to be?
How can you take a step this week to work towards that?

4. Do you find it hard to ask for help in life? If so, why do you think that is?
What would need to change in your life for it, asking for help, to become easier?

5. Is there an area of your life (marriage, finances, parenting, school, physically, etc) where you really are in need of help, but you are not asking for it, trying to just do it yourself, but it is not working? Would you be willing this week to actually ask for help?