

Triggered Into A Panic Attack

Where relationship is at our core!

Main Text: Matthew 26

What's coming up...

- Family Movie Night | November 1
Families join us for a showing of the movie Inside Out!
- Cornerstone Kid's Pajama Sunday | November 3
Kids come dressed in your pajamas and enjoy some cereal!
- Baptism Classes | November 6 or 10
Attending one class is required for Baptism on Nov 17!
- Collective Call Fasting | November 13-15
Mark your calendars!
- Cornerstone Student's Lock In | December 6-7
Students mark your calendars for this fun event!

When anxiety _____ don't go to _____ on the _____.

When it comes to anxiety...

- #1 – Know _____.
- #2 – Stay _____.
- #3 – God is _____ than my _____.
- #4 – Fear is _____ the _____ of me.
- #5 – We're _____.

NOTES:

Sermon Notes Online: Sermons.church & search Cornerstone Church
Guest Wifi Password: beourguest
Email: info@cornerstone.email
Website: yourcornerstone.church
Facebook: facebook.com/yourcornerstone.church
Instagram: instagram.com/yourcornerstone.church
 **Hearing Impaired? Download the Otter app to help you transcribe the message.



Cornerstone Kids (Babies - 6th grade)
Need more info? hannah@cornerstone.email



Cornerstone Students (7th-12th grade)
Every Sunday, 6:00pm
Need more info? joann@cornerstone.email



Cornerstone Groups
Check out all groups at yourcornerstone.church/groups



Celebrate Recovery
Every Monday, 6:00pm-9:00pm

Ways to Give

- Giving boxes located by auditorium doors/In the atrium
- Online on our website – yourcornerstone.church/give
- Text to Give [Text gift amount to 84321]
- Church Center App - Available on the App Store

Need Prayer?

Post on the Prayer Board in the Atrium or email prayer@cornerstone.email.