



Conversation Questions

1. On a scale of 1-10, how often does a fear of rejection play into your daily life? Explain. If often, meaning the fear of rejection regularly paralyzing you, why do you think that that is?

2. Why do you think we care so much about what others think, say, or do?

3. What is one healthy risk that you should have taken in life, but you let fear of rejection get the best of you?

4. Are you a people pleaser? If so, what is behind that you think? Do you think that there needs to be a shift made in you? If so, what?

5. Respond to this verse...
 - a. Hebrews 13:6 - So we say with confidence, "The Lord is my helper; I will not be afraid. What can mere mortals do to me?"

6. What is one thing that you can take from today's message & implement in your life this week?